

Rooster seizoen 2023-2024

| Weeknr: | Woensdag | Bijzonderh. | Donderdag |
|---------|------------|-----------------------|------------|
| 36 | 6-9-2022 | examen programma | 7-9-2022 |
| 37 | 13-9-2022 | kihon/basis/ techniek | 14-9-2022 |
| 38 | 20-9-2022 | kumite | 21-9-2022 |
| 39 | 27-9-2022 | kata | 28-9-2022 |
| 40 | 4-10-2022 | examenprogramma | 5-10-2022 |
| 41 | 11-10-2022 | vrije invulling | 12-10-2022 |
| 42 | 18-10-2022 | kata | 19-10-2022 |
| 43 | 25-10-2022 | kumite | 26-10-2022 |
| 44 | 1-11-2022 | examenprogramma | 2-11-2022 |
| 45 | 8-11-2022 | kihon/basis/ techniek | 9-11-2022 |
| 46 | 15-11-2022 | vrije invulling | 16-11-2022 |
| 47 | 22-11-2022 | kihon/basis/ techniek | 23-11-2022 |
| 48 | 29-11-2022 | kata | 30-11-2022 |
| 49 | 6-12-2022 | kumite | 7-12-2022 |
| 50 | 13-12-2022 | examenprogramma | 14-12-2022 |
| 51 | 20-12-2022 | kihon/basis/ techniek | 21-12-2022 |
| 52 | 27-12-2022 | vakantie | 28-12-2022 |
| 1 | 3-1-2023 | vakantie | 4-1-2023 |
| 2 | 10-1-2023 | kumite | 11-1-2023 |
| 3 | 17-1-2023 | kihon/basis/ techniek | 18-1-2023 |
| 4 | 24-1-2023 | examenprogramma | 25-1-2023 |
| 5 | 31-1-2023 | examens | 1-2-2023 |
| 6 | 7-2-2023 | kata | 8-2-2023 |
| 7 | 14-2-2023 | vrije invulling | 15-2-2023 |
| 8 | 21-2-2023 | kihon/basis/ techniek | 22-2-2023 |
| 9 | 28-2-2023 | kata | 1-3-2023 |
| 10 | 6-3-2023 | kumite | 7-3-2023 |
| 11 | 13-3-2023 | examenprogramma | 14-3-2023 |
| 12 | 20-3-2023 | vrije invulling | 21-3-2023 |
| 13 | 27-3-2023 | kihon/basis/ techniek | 28-3-2023 |
| 14 | 3-4-2023 | kata | 4-4-2023 |
| 15 | 10-4-2023 | kumite | 11-4-2023 |
| 16 | 17-4-2023 | examenprogramma | 18-4-2023 |
| 17 | 24-4-2023 | vrije invulling | 25-4-2023 |
| 18 | 1-5-2023 | kihon/basis/ techniek | 2-5-2023 |
| 19 | 8-5-2023 | kata | 9-5-2023 |
| 20 | 15-5-2023 | kumite | 16-5-2023 |
| 21 | 22-5-2023 | examenprogramma | 23-5-2023 |
| 22 | 29-5-2023 | vrije invulling | 30-5-2023 |
| 23 | 5-6-2023 | kihon/basis/ techniek | 6-6-2023 |
| 24 | 12-6-2023 | kata | 13-6-2023 |
| 25 | 19-6-2023 | examenprogramma | 20-6-2023 |
| 26 | 26-6-2023 | examens | 27-6-2023 |
| 27 | 3-7-2023 | vrije invulling | 4-7-2023 |
| 28 | 10-7-2023 | vakantie | 11-7-2023 |
| 29 | 17-7-2023 | Vakantie | 18-7-2023 |
| 30 | 24-7-2023 | Vakantie | 25-7-2023 |
| 31 | 31-7-2023 | Vakantie | 1-8-2023 |
| 32 | 7-8-2023 | Vakantie | 8-8-2023 |

geen les